## LET'S HONOR TULSA MOTHERS



Enjoy live music, free massages and giveaways!

FOCUS | FOOD | FITNESS | FAMILY

## THE DETAILS:

WHO: ALL Bootcamp Tulsa Members, Friends & Family

WHAT: Mother's Day Workout

WHEN: Saturday, May 10th at 9am

WHERE: Whole Foods Market Parking Lot at 91st & Yale

WHY: To Celebrate all of the BcT Mother's

with a Special Workout



Come get a FREE workout, healthy snacks from Whole Foods and \$20 off a Jackie Cooper Vehicle Detail!



JACKIE COOPER IMPORTS NISSAN

Tulsa's Automotive Destination Since 1991

Bootcamp Tulsa Founder, Coach JC

Sponsored by: Whole Foods & Jackie Cooper Infiniti